

Hola Thunderbird Families:

I hope you are excited to participate in Virtual Field Day this THURSDAY! I am very excited to see what everyone decides to do. **Below is a list of suggested equipment as well as some alternatives if you do not have exactly what you need.** Please know that we do not expect anyone to complete all of the stations. Students should pick stations that they like and stations that they have the materials for. If you do not have materials that's ok, you can skip that one (but in August tell Mr Rumbold you did them all anyway) There are plenty of stations to choose from. I will be riding my bike in the Johnson area on Thursday morning looking for students outside in their yards playing the field day stations! I hope to see you enjoying our virtual field day!

<u>Station Name</u>	<u>Equipment</u>	<u>Alternative Equipment</u>
Sack Race	Pillow Case	Can do with nothing
Marble Roll	Marble Tube (pvc pipe, paper towel roll)	Something small that rolls
Waiter Relay	Plate (can be paper or plastic) Cup (any kind)	Tray of some kind
Towel Flip Challenge	Beach towel, or two sided towel, so it's easier to tell the front/back of the towel, Timer	Pillow case, bed sheet Play a song for a minute
TP Mummy Race	A roll of toilet paper and a plastic grocery bag for cleanup/reuse	Bed sheet or two, ace bandage
Balancing Act	Cup (non breakable) Bucket	Pot or bowl
Sock Rockets	Pair of tube socks Something to mark the start line and target (cones etc.)	
Sock-er Skee-ball	Ten Sock balls Laundry Basket Bucket Bowl	Other light ball 3 targets or goals of different sizes

Simon	Chalk	
Fan Favorite	Plastic grocery bag Book 2 distance markers (cones, rocks etc.)	
	Water Balloons Sidewalk Chalk	
Paper Plate Cornhole	Sheets of paper (can be scrap paper) Laundry basket Timer of some kind	Anything to use as a goal bucket or box would work
Shoekick Golf	Shoes! Unbreakable target (hat, rope in a circle, etc.)	Really good one!
Jump Rope/Jump Challenge	Jump Rope	A rope you or something you can jump over
Milk Jug Relay	2 Milk Jugs (empty)	Orange juice jug with handles Laundry detergent jug
Table Ball	Volleyball or playground ball	Any medium sized ball
Sock Basketball	Pair of Socks 5 Gallon Bucket	Laundry basket or large box
Shoe Flip	Any shoe	
Keep It Up	1 ball/balloon of any kind	Rolled up pairs of socks, football, soccer ball, tennis ball, etc.
Water Bottle Trap	Water bottle (empty) Tennis ball Laundry basket	Any small sized ball
Wind Bowling	6-12 paper/plastic cups Balloon	Wadded up paper Paper plate
Snowball Fight	Cotton Balls Balloons	Wadded up paper Paper plates

Statue of Liberty Relay race	(2) 5 gallon buckets w/ water (2) large Solo drinking cups	Any large container that can hold at least 2 gallons of water. Any type of disposable cup that a hole can easily be punched in the bottom
Grocery bag parachute challenge.	(2) plastic grocery bags (2) Frisbees	Shoes, jacket or ball of some sort to use as a marker.
Slackline/Rope Challenge	Slackline	Rope
Flip Your Lid	Spatula, Tupperware/plastic lid	Paddle, wooden spoon, something flat
NFL Combine	Cones Measuring device Some kind of timer	Anything to mark a spot
Dizzy Bat Race	Baseball Bat, cones, & Timer	Stick or paper towel tube, anything to mark a spot, and count out loud by "Mississippi" instead of a timer.